

Finance

Stuart Barrett

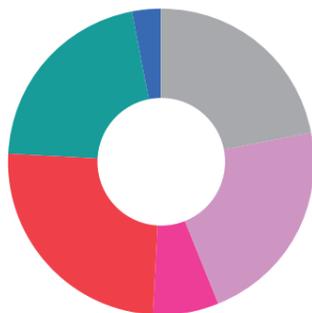
2013 presented some challenges as we progressed through the year. In each year we must build from income sufficient reserves to meet the cost of supporting our long term projects (LTP's) for the following year. As we moved through 2013 it became clear that we might fall short of what we needed to fully meet those anticipated costs. So in the autumn we informed the community of our position. At that point we were about £100,000 below where we needed to be.

Your response was just overwhelming: collectively, either as congregations or as individuals, you listened and acted to help us with our need. The result was that by year end we were only circa £64,000 lower than 2012. Total income for the year was just short of £692,000. During November and December alone we received in excess of £157,000. Thank you.

So we could cover our projects for 2014 and have a good start towards our 2015 provision. We anticipate needing a minimum of £525,000 though, so there is some way to go! We can see that God is working through all of us and have confidence that He will guide us all to achieving this.

In the graphs you will see how the total of £651,000 was spent during 2013 in the various project areas we focus on, and

How your donations were used across the various projects that CMaD supported in 2013

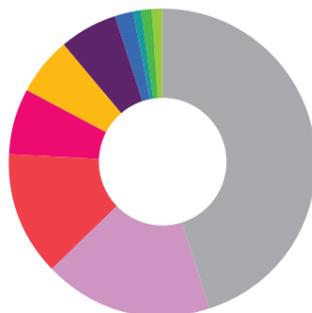


- Feeding programme 22%
- Orphanages / homes (running costs) 22%
- Water / sanitation 7%
- Education 25%
- Medical / hygiene 21%
- Self help / training 3%

how that was apportioned between the countries we work in.

Our auditor is currently auditing the 2013 final accounts: if you have any questions, or would like to know more about our finances or how to support us, then please email stuart@meal-a-day.org.

In 2013 your donations were used to support projects in these countries



- Kenya 44%
- Cameroon 18%
- Sierra Leone 13%
- South Africa 7%
- Liberia 6%
- Zambia 6%
- Rwanda 2%
- DR Congo 1%
- Israel 1%
- Burundi 1%



Left: Nzuve and friends at Timboni Tiva Children's Home, Kenya

You can gift aid to those in need.

CMaD's income from donations is significantly down in 2013, How does £100 become £125, or even £156, at no further cost to you?

If you pay tax on your income or savings, then CMaD can reclaim the basic tax rate (20%) you paid from HM Revenue and Customs. So, for example, your £100 donation becomes £125 to us, at no extra cost to you.

The effect is considerably greater for higher rate (e.g. 40%) tax payers. Here a gift aided donation of £125 to CMaD means we will receive £156.25. If you enter the £125 as a gift to charity on your tax return, HMRC gives you back the other 20%, reducing your net donation to the same £100.

We can provide a Gift Aid form to recover the tax – email us at donations@meal-a-day.org.

GIVE CMaD GIFT CARDS!

Question: what to give to someone who has everything?

Answer: a CMaD gift card, confirming you've given a £5, £10 or £20 donation to the charity's project work abroad.

You'll receive an illustrated card to which you can add your own message and then send on to the recipient.

Order through our website www.meal-a-day.org



Registered Charity No. 1133337

CHRISTADELPHIAN

MEAL A DAY

Spring 2014

www.meal-a-day.org

Post and Donations:

Christadelphian Meal a Day Fund
PO Box 1178
Bristol
BS39 4WT

Sign up for information and quarterly email updates:

info@meal-a-day.org

Keep up to date with our work on Facebook at 'Meal-a-Day (CMaD) UK'



Welcome to our Spring 2014 newsletter.

Sylvia's journey, Kenya

Paul Lucas

Sylvia was only a baby when she suffered terrible burns in a home fire at Mumias, Western Kenya, leaving her scarred and unable to walk. Tragically, while the fire burned, her mother was 2km away collecting water for her family.

Seven years later, through a remarkable series of events and the generous actions of an Australian field-worker, Sylvia travelled with her father to Sydney, Australia for specialist medical treatment (even featuring in a TV documentary)... and after 4 months she walked for the first time! Thanks to the support of the medical teams, her Christadelphian hosts from West Ryde and community groups around Sydney, Sylvia's life was transformed.

In appreciating Sylvia's remarkable journey, the lack of local water supply in Mumias continued to be a real concern. Fund raisers in Australia set to work and, after connecting with Meal-a-Day Australia, a unique partnership between Kenya, UK and Australia was created to transform the lives of Sylvia's neighbours too. After many months, we are delighted to announce that a new borehole now supplies fresh water in Sylvia's village and preparations are underway to extend the water supply to 300 families. For this we praise God. Our huge thanks to

everyone who has so generously donated money, skill, time and energy to make this happen.

Following a Bible School on the theme "Water for Life" in October, a group is now meeting weekly at Mumias to study the Bible with local CBM members! God indeed works in remarkable ways.



Sylvia and the new borehole

Psalm 140 v12-13 (NIV)

"I know that the LORD secures justice for the poor and upholds the cause of the needy. Surely the righteous will praise your name and the upright will live before you."

CHECK OUT CMaD'S NEW WEBSITE!

www.meal-a-day.org which has been revised and restyled. New project reports, new photos, new ways to connect with our work.

Timboni Tiva Children's Home, Kenya

Liz Lucas

There are smiles and laughter as we stand in the Timboni compound in the warm Kenyan sunshine. We are watching the children and young people racing against each other. The pleasure in a simple activity is there for us all to enjoy.

Eunice, at fifteen, runs past us with carefree abandon. When the race is over she joins her friends and they giggle together, watching others enjoying the same activity.

Life was very different for Eunice a few years ago - before Timboni. Life then had plenty of challenges. Food was often lacking in a family with seven children. School was not an option, because

the family couldn't afford school fees, uniform or shoes.

What does a child do in rural Kenya instead of attending school? The day for Eunice, and many others in similar situations, would consist of cooking, fetching water, cultivating land and, as Eunice says, "Doing many things." Along with this she endured the unwanted attention of a neighbour.

Then, tragically, Eunice's mother died in an accident at home. Eunice says only that "Life was not good." Exactly how bad it was for her we can only imagine.

But home for the last three years has been Timboni Tiva

Children's Home, and Eunice's life has changed. She tells us, "I am now well, eating, sleeping, dressing, happy, have education, enjoy singing, and CMA-D helps me so much. The future is bright and my heart is full."

A young man grins with enthusiasm as he dashes past us. Nzuve tells us he likes football, netball, and athletics.

Nzuve has lived in the Children's Home for two years. He is sixteen and he tells a similar story. His mother died of liver disease. He was often without food, having to eat wild fruits, not going to school because of lack of school fees. All this changed for

"The future is bright and my heart is full."

Nzuve when he came to live at Timboni. Nzuve tells us, "I would like to have a good job, to support my five brothers and sisters, and to help other poor people."

The children and young people we meet when visiting the projects in Kenya are the fortunate ones. In a country with no benefits, or safety net for the disadvantaged, there are many other children who have a life similar to that experienced by Eunice and Nzuve before they came to Timboni Tiva Children's Home.

Timboni Children's Home Key Facts

Timboni Children's Home, located in the semi arid Eastern Province of Kenya, is CMA-D's largest project by cost, with three projects operated from the site:

- Site size: 20 acres including farm
- Home opened: c1992
- Number of children attending Primary School: 110
Annual cost: £72,256; £656pa per child
- Number of children attending Secondary School: 64
Annual cost: £29,323; £458pa per child
- Number of young people on Transition Programme: 49
Cost: £300 per young person
- Key challenges: Water security, long term sustainability of project



Eunice and friends at Timboni Tiva

WhizzKids United Feeding Program, South Africa

Neil Brighthouse

The WhizzKids United Health Academy in Edendale, KwaZulu Natal, is a clinic designed especially for adolescents and the base from which the Orphans and Vulnerable Children (OVC) programme operates.

The OVC programme helps to meet the nutritional, health and other basic needs of children and adolescents who are orphaned, HIV positive or otherwise vulnerable. Since 2012, Meal a Day has funded the daily provision of healthy, fresh food to around 130 OVCs attending the Health Academy clinic, as well as food parcels to the families of 50 of the OVCs.

Your generous support is providing essential nutrition for young people who otherwise aren't sure where their next meal is coming from, and for whom healthy food is vital for the success of their medical treatment. Thank you!



Timboni Tiva Children's Home